

A new service to support and assist frontline healthcare workers with behavioral health services is now available from the Saginaw County Community Mental Health Authority.



Free Confidential Counseling for Frontline Healthcare Workers

-  **Free, confidential counseling services** are available for healthcare professionals and their immediate family to provide help coping with the stress and anxiety due to the COVID-19 pandemic.
-  **Professional counselors** provide primary care screening, assessment and monitoring of key health indicators.
-  **These services are available** to those that need extra help coping during this extremely stressful time. There is no shame in talking, in person or virtually, with someone.

Call the Saginaw Community Care HUB at
989.498.2266
for an immediate appointment

